



To avoid excess knotting with your extensions, hair should be brushed and plaited before bed.

Use a soft pillow with silk pillow case to get the most out of your extensions. This avoids the extensions from digging into the scalp, the silk also helps with hair breakage.

Never go to bed with hair extensions wet or damp, mould can grow in your hair extensions.

Chose your hair brush wisely, and extension specialist brushes are the best option.

Do not exert excessive tension when brushing your extensions.

Extensions will come out or loosen in the first 3 months, make sure to come back 4-6 from appointment.

The hair is high quality, all extensions can be brushed, curled, straightened, blow dried, just as you would with natural hair, however no heated appliances should come into contact with the bonds or rings as this can weaken or melt them.

For the first two weeks, hair shouldn't worn up too tightly as this can cause discomfort and breakage where they have been applied.

If you wish you use a sunbeds, hair should be wrapped in a towel.

Avoid chlorine and sea water coming onto direct contact with the hair extensions.

If spending long periods in the sun, use heat protection on hair and apply conditioner and extension oil regularly.

Be careful not to get tanning oil onto the hair extensions as it can alter the shade.

A human head loses between 70-100 hair per day, therefore completely normal to lose hair while eating extensions.

Maintenance appointments are a must, every 4-6 weeks is advised.

Any extensions wished to be removed, must be done so by a trained professional.



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## Washing and Drying Extensions

Hair must be brushed before washing.

When washing the hair, the head must be tilted backwards, never wash hair over a bath or sink if the head is down.

Extension specialist shampoo and conditioner are advised.

Zig zag motion rather than circular is advised when washing to avoid tangles.

The hair should be squeezed gently after shampooing to remove excess moisture, and conditioner applied only to the ends, never the roots.

Extension oil should be applied from mid to ends, never the root and brushed through with extension brush or comb.

When brushing, work through sections to avoid tangles.

Hair should be blow dried on a cool setting with air flow pointing downwards.

### Quick Styling Tips

Don't wash bonds for 48 hours from application.  
Only wash extensions 2-3 times a week.  
Use specialist shampoos and conditioners as it will protect and give your hair longevity.

Please contact with any queries and make sure to attend your follow up appointment 4-6 weeks after application.